



Discovery Elementary School



THE NOVEMBER
NEWSLETTER

Discovery Elementary School
11700 Meridian Ave. S.
Everett, WA. 98208
(425) 356-1735
www.mukilteo.wednet.edu

November/ December

- Nov. 6th
Early Dismissal
- Nov. 9th
Veterans Day Assembly
9:15-10:00
- Nov. 10th
Student Picture Day
- Nov. 11th
Veterans Day
(No School)
- Nov. 12th
PTA Meeting
6:30-8:00 PM
- Nov. 18th
3rd Grade Concert
7:00 PM
- Nov. 25th
Early Dismissal
- Nov. 26th & 27th
Thanksgiving Vacation
- Dec. 4th
Early Dismissal

Dear Families,

I am so proud of all the great events that occur in our school library. One of these events is going to begin on November 3rd. The Discovery Dollar Bookstore will be open to students every Tuesday during all lunch recesses. Each of our new or gently used books is priced at exactly \$1. This is a non-profit project sponsored by the PTA. Every dollar spent at the store is used to purchase additional books for the store. This is an inexpensive way to surround your children with books. Last year over 1,600 books were sold! Thanks to the PTA, Wal-Mart, Everett Rotary, and Mr. Garrard for their support.

Sincerely,

Mrs. Schott



Veterans Day Assembly
November 9th
9:15-10:00

You are invited to attend a School Assembly and performance from 9:15 - 10:00 AM on Monday, Nov. 9th.

The assembly will include music selections and a slide show dedicated to the Veterans in our own families. Thanks to Mrs. Hayes and Mrs. Wayman for coordinating and organizing the assembly and creating the slide show.

Get Ready for Flu Season!

Symptoms of the flu include fever (100 degrees F or 37.8 degrees C or greater), cough, sore throat, runny/stuffy nose, body aches, headache, exhaustion, vomit or diarrhea.

What can families, students and teachers do to keep from getting sick and spreading the flu?

- * Wash your hands often with soap and water.
- * Cough or sneeze into your elbow or shoulder or into a Kleenex (not in your hands).
- * Stay home if you are sick.

What is the best way to practice good hand washing?

- * Wash your hands for a least 20 seconds (Sing "Happy Birthday" twice).
- * Alcohol-based hand cleaners containing at least 60% alcohol are effective.

How can schools help to keep students and staff from getting sick?

- * Remind everyone to cough into his/her sleeve or shoulder.
- * Remind everyone to wash his/her hands often with soap and water.
- * Sick students are sent home.
- * Sick students will need to stay home until at least 24 hours after they no longer have a fever or signs of a fever without using fever lowering medicines like Tylenol or Motrin.
- * Clean frequently used surfaces with regular cleaning agents.
- * Encourage sick students at higher risk of complications from flu to get a medical evaluation as soon as possible. (Taking anti-viral medicine early might prevent severe complications from the flu).



How do I recognize a fever or signs of a fever?

- * A fever is a temperature taken with a thermometer that is equal to or greater than 100 degrees F or 38 degrees C).
- * If you do not have a thermometer, a sick person with a fever might feel warm, appear flushed, sweat, or shiver.

How long should a sick person with a fever stay home from school?

- * The sick person should stay home for at least 24 hours after he or she no longer has a fever or does not feel feverish, without using fever lowering medicines like Tylenol or Motrin.
- * If the flu condition becomes more severe, the sick person should stay home for 7 days, or until he or she no longer has symptoms for 24 hours, without using fever lowering medicines like Tylenol or Motrin.

Anita Harris, R.N., M.N.
School Nurse

Dressing Warm

Please remind your children to dress warm during these cold winter months.



District HIV/AIDS Parent Night

Human growth and development is taught in the Mukilteo School District starting at grade 4 and HIV/AIDS annual education is provided from grades 5-12. At least one month before teaching AIDS prevention education in any classroom the district will conduct at least one presentation concerning the curricula and materials that will be used for such education. The curricula and materials shall be available for inspection. For further information on the complete Board Policy please visit the District Website at:



www.mukilteo.wednet.edu



No student may be required to participate in AIDS prevention education if the student's parents or guardian, having attended one of the district presentations, objects in writing to participation.

The district HIV/AIDS parent night will be November 17,

Attendance

There are many students who are getting to school after the 8:55 tardy bell. For attendance purposes, 3 tardies equals one absence. Please make sure that your child is arriving to school on time.

Note from the Lunchroom

It is not too late to apply for free or reduced price meals.

There is no charge at the elementary level for breakfast or lunch to students already qualified for reduced price meals.



Be A Lunch Buddy!

Lunch Buddies are adult volunteers who spend one lunch hour on a regular basis with a student—a child who needs positive support and could use a friend. Some of our lunch buddies come once a week, others once every two weeks. Through the lunch buddy program you can make a real difference in the life of a child. The qualifications are easy. You need to like children, be dependable and caring, and have an appreciation for some of the problems children face today. You'll find that this friendship will be a rewarding experience for you, too. For more information on this worthwhile program, please call the school at (425) 356-1735 or e-mail Mr. Ryan at ryansm@mukilteo.wednet.edu

IXL (Online Math Practice)

We are pleased to let you know that the web site IXL will continue to be available to our families! IXL is a comprehensive math practice site with an unlimited number of math practice questions in hundreds of skills — all of which are aligned to state standards.

To get your child started on your home computer, please follow these easy steps:

- Go to www.IXL.com.
- Enter your child's username (AR Number) and password(AR Number) in the top right-hand corner and click *Sign in*.
- Navigate to your child's grade level.
- Find a skill to practice by doing one of the following:
- Select a specific skill to practice from the grade level homepage. This page is organized into categories. You can place your mouse over any skill to see a sample question and click on the link to begin.
- Or Click on the *Awards* tab. Each grade level has an embedded game board with challenges for your child to conquer and virtual prizes to be uncovered. Place your mouse over any challenge to begin.

In addition to making math practice exciting, IXL is designed to help your child learn at his/her own pace. The Web site is adaptive and will adjust to your child's demonstrated ability level. The site also records all of your child's results, so you can monitor your child's progress anytime by clicking on the *Reports* tab.

I hope you'll encourage your son or daughter to use IXL daily. We have found that this program is very motivational and students love to use it! Keeping them practicing will help them retain their skills!

If you have any questions, please email Mrs. Wayman at waymanmm@mukilteo.wednet.edu.



Food For Celebrations and Parties

- All baked goods must be store bought and in original wrappers.
- All juices must be canned or bottled and unopened.
- All candy should be individually wrapped.
- Please avoid products containing peanuts or peanut oils. If you have any questions about food allergies in your child's classroom please contact your student's teacher.

Sorry, no home prepared goodies may be served at school. Your cooperation is greatly appreciated.

Animal/Pet Reminder



The Mukilteo School District has renewed its policy regarding animals in classrooms and on school grounds. Due to allergies and potential reactions or illnesses, pets of any kind are not allowed in classrooms or on school grounds during the school day. Only creatures used in the FOSS Science Curriculum will be allowed in classrooms. We appreciate the understanding of parents, community members and families in supporting this policy.

Thank you!